



When should I wear gloves?

Wearing gloves is not an effective way of protecting yourself from COVID-19

The virus is not transmitted through the skin but by touching contaminated surfaces and then touching your face, enabling it to enter the airways. Gloves can therefore transmit the virus by carrying the droplets produced when someone coughs, sneezes or speaks.

Moreover, when you wear gloves, you tend to wash your hands less often and be less careful about the preventive measures due to a false sense of security.

In any case, prevention and social distancing measures must be respected.

The wearing of gloves remains reserved for situations in which they are usually worn:

- for cleaning staff
- for healthcare workers
- for all working environments in which they are usually worn as protective equipment against chemical, biological or physical injury, wounds, and cuts. For example: laboratory workstations, green spaces, manual labour, etc.