



When should I wear a mask?

First of all, it must not be forgotten that wearing a mask does not replace prevention measures and social distancing, which remain the most effective ways of protecting yourself against COVID-19.

Before choosing to wear masks for protection, all organisational measures possible need to be implemented **in order to respect social distancing**. These must always come before wearing masks.

If it is impossible to keep a distance of at least one metre from other people for a long period of time or if several people share a confined space, it is necessary to wear masks.

The following jobs and situations require the wearing of masks:

- student or staff reception jobs
- jobs requiring frequent or prolonged contact, examples: moving around on the premises and/or on building sites, practical work on a laboratory bench,
- jobs requiring the repeated exchanging of objects/materials; for example: lending books, delivering packages/letters
- when two or more people are travelling together by car
- For people participating in training that cannot be done remotely
- For people participating in a face-to-face recruitment panel
- cleaning staff
- medical and paramedical staff (SSU, SST)
- if prescribed by a G.P. or work doctor (with a note on the visiting form)

The lifespan of a mask is 4 hours, 2 masks are therefore needed per day, per person. Once the mask has been put on, it must not be handled again. Recommendations for wearing masks will be issued.